



5TH ANNUAL • MAY 4, 2024 • OSHANMADANG.COM  
**OREGON STATE HANMADANG**  
ALL STYLES MARTIAL ART SKILLS TOURNAMENT & EXPO  
CREATIVITY • POWER • PERSONAL BEST

# Tournament Registration

Please write clearly.

**Mail In Registrations are due by April 20th, 2024!**

Competitor's First Name \_\_\_\_\_ Last \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP / Postal Code \_\_\_\_\_

Age \_\_\_\_\_ Weight \_\_\_\_\_

*For fairness of all athletes, please include weight.*

Gender \_\_\_\_\_ Pronouns if applicable \_\_\_\_\_

\*Belt Rank \_\_\_\_\_

**TKD/HKD/Karate:** under belt (color belt) participants may choose a Geup/Level that most closely matches their rank. 10th Geup is the lowest belt rank (a white belt in most schools) and then progresses up to 1st Geup, which would be 1 rank below a Black Belt. **Kung Fu:** choose Beginner/Intermediate/Advanced

\*Degree/Dan Rank \_\_\_\_\_

Martial Art School Name \_\_\_\_\_

Instructor Name \_\_\_\_\_

Do you need any special accommodations?

Yes  No

• What special accommodations do you need? *Ex: Medical needs, Diversity/Equity/Inclusion needs and issues.*

\_\_\_\_\_

• For those participating in **Personal Best ONLY** events (No Competition) for Senior III and above, list them here.

\_\_\_\_\_

**ITF • Individual Traditional Forms (poomsae)**

Recreational Divisions ~ ALL STYLES

Requirements: All Ages and Ranks.

Each Participant will have 90 seconds to perform an official Traditional form from their style. ITF Event is for ALL Styles: Taekwondo, Karate, Hapkido, Judo, Tang Soo, etc. (Kung Fu & Tai Chi are separate) NO music.

**Taekwondo Blackbelts ONLY:**

Championship Divisions

*Championship Kukkiwon Yudanja (Black Belt) Forms Divisions available. Check this box if you would like to perform in the World Poomsae Championship Divisions*

**TTF • Team Traditional Forms (poomsae)**

Recreational Divisions ~ ALL STYLES.

Requirements: All Ages and Ranks.

Each Team will have 90 seconds to perform a Traditional Form from their style. Synchronization and team work is important. TTF Event is for ALL Styles: Taekwondo, Karate, Hapkido, Judo, Tang Soo etc. (Kung Fu & Tai Chi are separate) NO music. Team of 2-10 Members.

**Taekwondo Blackbelts ONLY:**

Championship Divisions

*Championship Kukkiwon Yudanja (Black Belt) Forms Divisions available. Check this box if your team would like to perform in the World Poomsae Championship Divisions.*

**ITFWW • Individual Trad. Forms With Weapons**

Requirements: All Ages and Ranks. Each participant will have 90 seconds to perform an officially recognized, rank-appropriate traditional form from any style of martial art that includes the use of an approved martial arts weapon. Any weapon blade must be dull and approved by the Organizing Committee. Weapons must be durable enough for the purpose intended (for example a bo should be able to strike a target without breaking). Weapons should reflect the size of the competitor. NO music.

**TTFWW • Team Traditional Forms With Weapons**

Requirements: All Ages and Ranks. Each team will have 90 seconds to perform an officially recognized, rank-appropriate traditional form from any style of martial art that includes the use of an approved martial arts weapon. Any weapon blade must be dull and

approved by the Organizing Committee. Weapons must be durable enough for the purpose intended (for example a bo should be able to strike a target without breaking). Weapons should reflect the size of the competitor. Synchronization and team work is important. NO music. Team of 2 to 5 Members.

**ICFWO • Ind. Creative Forms w/o Weapons**

All Styles creative forms without weapons.

Requirements: All ages and ranks.

Each participant will have 90 seconds to perform a creative form. There are 6 compulsory techniques: 2 front snap kicks (any variation), 2 round house kicks (any variation), and 2 side kicks (any variation). NO Weapons. Music is HIGHLY encouraged.

**ICFWW • Individual Creative Forms w/ Weapons**

Includes Karate and Tai Chi creative forms with weapons. Requirements: All ages and ranks. Each individual will have 90 seconds to perform a creative form. There are 6 compulsory techniques: 2 front snap kicks (any variation), 2 round house kicks (any variation), and 2 side kicks (any variation). Martial arts weapons are accepted. Music is HIGHLY encouraged.

**TCFWO • Team Creative Forms Without Weapons**

Requirements: All ages and ranks. Each team will have 90 seconds to perform a creative form. There are 6 compulsory techniques: 2 front snap kicks (any variation), 2 round house kicks (any variation), and 2 side kicks (any variation). NO Weapons. Synchronization and team work is important. Music is HIGHLY encouraged. 2-5 Members. Team of 2 to 7 Members.

**TCFWW • Team Creative Forms With Weapons**

Requirements: All ages and ranks. Each team will have 90 seconds to perform a creative form. There are 6 compulsory techniques: 2 front snap kicks (any variation), 2 round house kicks (any variation), and 2 side kicks (any variation). Martial arts weapons are accepted. Synchronization and team work is important. Music is HIGHLY encouraged. Team of 2 to 5 Members.

**ICB • Individual Creative Breaking (Kyukpa)**

Requirements: All ages and ranks. Each individual will have 60 seconds to setup and 60 seconds to break a minimum of 1 and maximum of 6 boards at their discretion. All boards are 1/4 inch pine.

**Board Fee:** Plan for \$3 per board fee for this event.

Pay for boards at Check In day of event. 6 board max.

☐ **IFS • Individual Flying Side Kick Requirements:** All Ages. Any Belt Level. Each participant will have 20 seconds to attempt to break with running, flying side kick over an obstacle. Each participant has only 1 attempt to break the board (1/4 inch pine board) for each round. Participant must break the board to advance to the next round. The participant to break the farthest board will be declared the winner. Individual Event. **Board Fee:** Pay for boards at Check In day of event. Plan to purchase 3 boards for this event at \$3 per board. The Tournament will cover the cost of other boards needed after original 3.

☐ **IJH • Individual Jumping High Kick** Requirements: All Ages. Any Belt Level. Each participant will have 20 seconds to attempt to break with running jumping front snap kick. Each participant has only 1 attempt to break the board (1/4 inch pine board) for each round. Participant must break the board to advance to the next round. The participant to break the highest board will be declared the winner. Individual Event. **Board Fee:** Pay for boards at Check In day of event. Plan to purchase 3 boards for this event at \$3 per board. The Tournament will cover the cost of other boards needed after original 3.

☐ **IPPH • Individual Power Breaking Palm-Heel or Fist Strike.** Any Age. Any Belt Level. Each participant will have 1 attempt to break as many boards (each pine board is 1 inch thick) as they declare with a downward palm-heel hand strike. All boards will be placed on a board holding stand. The participant who breaks the most boards wins. Individual Event. 20 seconds to perform. **Board Fee:** Pay for boards at Check In day of event at \$5 per board.

☐ **IPKH • Individual Power Breaking Knife Hand** (downward) Any Age. Any Belt Level. Each participant will have 1 attempt to break as many boards (each pine board is 1 inch thick) as they declare with a downward Knife hand strike. All boards will be placed on a board holding stand. The board holding stand is 4 inches tall and will be placed on the floor. The participant who breaks the most boards wins. Individual Event. 20 seconds to perform. **Board Fee:** Pay for boards at Check In day of event at \$5 per board.

☐ **IPSSK • Individual Power Breaking Skipping Side Kick** Any Age. Any Belt level. Each participant will have 1 attempt to break as many boards (each pine board is 1 inch thick) as they declare with a skipping side kick. All boards will be placed on a board holding stand. The boards must be as high as the participant's waist. The participant who breaks the most boards wins. Individual Event. 20 seconds to perform. **Board Fee:** Pay for boards at Check In day of event at \$5 per board.

☐ **IPBK • Individual Power Breaking Back Kick** Any Age. Any Belt level. Each participant will have 1 attempt to break as many boards (each pine board is 1 inch thick) as they declare with a back kick. All boards will be placed on a board holding stand. The boards must be as high as the participant's waist. The participant who breaks the most boards wins. Individual Event. 20 seconds to perform. **Board Fee:** Pay for boards at Check In day of event at \$5 per board.

☐ **ISHK • Individual Spinning Hook Kick** Any Age. Any Belt level. Each participant will have 30 seconds to break as many boards as possible with spinning hook kick. All boards are 1/4 inch pine boards. **Board Fee:** Pay for boards at Check In day of event. Plan to purchase 10 boards for this event at \$3 per board. The Tournament will cover the cost of other boards needed after the first 10.

☐ **TDC • Championship Team Demo** Requirements: All ages and ranks, with no member age requirements. Each team will have 2 minutes to setup followed by 7 minutes to perform a demonstration in a ring of at least 10m x 10m. Synchronization and team work is important. Music is HIGHLY encouraged. Team of 5 to 40 Members, 120 seconds to setup, 420 seconds to perform.

☐ **ISW • Individual Sword Cutting** Any Age, Belt Level. Goal: 1. To perform horizontal cut called a Draw Cut 2. To perform vertical cut called a Downward Cut Scoring: After completion of each cut the judge will examine the paper. A score of 10 is a perfect score. The cut must be within 1" of center line and counting down every inch away from center. The two scores will be then added together to determine each competitors final score. Penalty Deductions: A 1 point deduction will be given for any of the following infractions: \* Touching target while aiming \* Any second attempts on a cut \* Striking stand or target holder \* Exiting contest area while attempting a cut Equipment: Contestants can provide their own Mokkum "wooden sword." Or one will be provided by tournament staff. Individual Event 60 seconds to perform.

☐ **IAST • Individual Archery – Stationary Target** Requirements: Ages 6 and above, beginner (0-12 months), intermediate (13-35 months) and expert (36+ months) archery experience levels, no taekwondo rank required. • Participants have a maximum of 60 seconds to shoot six (6) arrows at a distance of 20 yards (60 ft). (Ages 6-8 will shoot at 10 yds.) • Points will be earned in 2 categories: Time and accuracy. • Each participant

will provide his or her own bow, quiver and field tip arrows. • Bows must be either a traditional long bow or a recurve bow, with out aim assistance. • No compound bows, trigger releases, pins, or sights will be allowed. • One bonus point will be awarded for every 10 seconds under the 60 seconds given, rounding down. • One penalty point will be assessed for every 10 seconds over the allotted time given, rounding up. Individual Event. 60 seconds to perform.

☐ **IADS** • Individual Archery - Dynamic Shooting  
Requirements: Ages 6 and above, beginner (0-12 months), intermediate (13-35 months) and expert (36+ months) archery experience levels, no taekwondo rank required. 4 arrows 40 seconds. Archer stands back to target. Judge will confirm archer is ready and be given command to begin. 1st shot must be done moving away from the target. The next 2 shots must be made in motion following the course. Only the 4th and final shot can be made stationary from a kneeling position. The first 3 shots MUST be made in motion. If the archer stops motion during the shot, they will not receive credit for scoring shots. Speed Bonus  
• 5 pts - 30 seconds or less  
• 10 pts - 25 seconds or less  
• 15 pts - 20 seconds or less  
• 20 pts - 15 seconds or less  
No points can be scored after the 40 second mark. Individual Event. 40 seconds to perform.

☐ **HPD** • Hapkido Paired Defense The self-defense demonstration consists of pairs or groups of competitors (up to 4 persons) performing self-defense techniques of their choosing. The competitors may have all attack/defense techniques be performed by one of the competitors, or they may alternate who attacks and who defends. However, only one competitor will register to receive scoring. Defense against weapons is also included in this competition without extra credit for the use of weapons. See rest of description online.

☐ **HRD** • Break Falling/Rolling - Distance  
Competitors will be attempting to clear two low markers for distance. With each successful Roll, the distance of the markers will increase by 6 inches until the competitor cannot safely complete the jump without making contact with the markers. If a competitor makes contact with the markers or lands in an unsafe manner, they will be permitted to re-attempt the jump. If the competitor makes contact

with the markers or lands in an unsafe manner on the second attempt they are out. Competition continues until there is only one competitor left. Individual Event. 90 seconds to perform.

☐ **HRH** • Break Falling/Rolling - Height Competitors will attempt to clear a horizontal bar, starting low and progressing in height, landing in a soft clean break fall. With each successful jump the competitor continues to the next round where the bar will be raised 4 inches. If a competitor dislodges the bar or lands in an unsafe manner, they will be permitted to re-attempt the jump. If the competitor dislodges the bar or lands in an unsafe manner on the second attempt they are out. A competitor may make contact with the bar without dislodging it for a successful round. Competition continues until there is only one competitor left. Individual Event. 20 seconds to perform.

☐ **TAIF** • Tai Chi Forms Tai Chi Forms Individual Event. 90 seconds to perform. Tai Chi under belt (color belt) participants may choose a Geup level that most closely matches their rank. 9th Geup is the lowest belt rank (a white belt in most schools) and then progresses up to 1st Geup, which would be 1 rank below a Black Belt.

☐ **TAIS** • Tai Chi Sword Tai Chi Sword Individual Event. 90 seconds to perform.

☐ **KFWO** • Kung Fu Without Weapons Perform a Kung Fu form without weapons. Kung Fu divisions will be grouped based on experience level: Beginner, Intermediate, Advanced. Kung Fu participants should choose a belt rank based on their experience level. All Ages. Beginner, Intermediate, and Advanced divisions. Individual Event. 90 seconds to perform.

☐ **KFWS** • Kung Fu Short Weapons Perform a Kung Fu short-weapons class form. All Ages. Beginner, Intermediate, and Advanced divisions. Individual Event. 90 seconds to perform.

☐ **KFWL** • Kung Fu Long Weapons Perform a Kung Fu long-weapons class form. All Ages. Beginner, Intermediate, and Advanced divisions. Individual Event 90 seconds to perform.



## RELEASE AND WAIVER OF LIABILITY

In consideration of being permitted to participate, in any way, in this State Hanmadang, (the "Tournament"), I hereby agree that: I understand the nature of martial arts activities and the rules of sport competition, and I believe that I am qualified to participate in such activities. To the best of my knowledge, I am in good physical condition and have no disease or injury that would be aggravated by participating in the Tournament, and that I do not have any diseases that would be communicable to others. Prior to participating in the Tournament, I will inspect the mats, equipment, and facility to be used for the Tournament, and if I believe anything to be unsafe in any way, I will immediately inform my coach, instructor, or tournament official of such conditions and refuse to participate. I acknowledge and fully understand that participating in martial arts competition is a contact sport and that might result in serious injury, including permanent disability or death. Knowing the risks involved in martial arts sport competition, I assume all such risks and accept personal responsibility for the damages that may occur from my participation in the Tournament. I release, waive, discharge, and covenant not to sue the Tournament host, their respective administrators, agents, coaches, referees, scorekeepers, medical staff, and any other employees or volunteers, from any and all claims, demands, losses, or damages on account of injury, including permanent disability, death, or damage or loss of property, caused or alleged to be caused in whole or in part by the negligence of any of the aforementioned persons or corporations. I HAVE READ THE ABOVE WARNING, RELEASE, AND WAIVER OF LIABILITY, AND I UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, I SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE IN THE TOURNAMENT KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR IF I AM UNDER 18 YEARS OF AGE, THAT I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT OR LEGAL GUARDIAN. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

I Agree Signature: \_\_\_\_\_

## PHOTOGRAPHY/FILMING CONSENT

PLEASE BE AWARE THAT BY ENTERING BOB KEEFER CENTER, YOU CONSENT TO YOUR VOICE, AND/OR LIKENESS BEING USED, WITHOUT COMPENSATION, IN FILMS AND RECORDINGS FOR EXPLOITATION IN ANY AND ALL MEDIA, WHETHER NOW KNOWN OR HEREAFTER DEvised, FOR ETERNITY, AND YOU RELEASE Attic Media, Oregon State Hanmadang and Travel Lane County, ITS SUCCESSORS, ASSIGNS AND LICENSEES FROM ANY LIABILITY WHATSOEVER OF ANY NATURE. I give my consent for my image to be used by the above mentioned entities in all areas of promotion and publicity. I understand that images/video of me / my child may appear in printed external communications and by other external media including newspapers, magazines and broadcasters, websites and social media.

I Agree Signature: \_\_\_\_\_

## CHOOSE HOW MANY EVENTS YOU'RE SIGNING UP FOR:

### Early Bird 1/1-3/31

2 events \$90     3 events \$100     4 events \$110     5 events \$120

### Regular 4/1-4/20 (online enrollments continue till May 1st)

2 events \$100     3 events \$115     4 events \$130     5 events \$145

### For those enrolled in 5 events, Archery may be added as a free 6th event.

I am signing up for 5 events and would like to have Archery as my 6th free event.

### Kung Fu and Tai Chi ONLY pricing:

Up to 3 events \$75

## NEW PRODUCTS FOR 2024!

5th Annual Tournament T-Shirt with all competitors names.

Your form **MUST** be received by 4/20/24 for your name to be listed on the shirt. \$40

Circle T-shirt size: Kids/Youth S M L | Adult S M L XL 2XL 3XL

Limited Quantity! Commemorative Program Guides signed by GM Sang Lee and GM Herb Perez. \$30 ONLY available ONLY as PRE-ORDER.

Boards will be purchased separately at the event.

Power Break pine boards are \$5 per board up to 5 boards, after 5 purchased boards, additional boards are free. Demo/combo breaking boards are \$3 per board up to 12 boards, additional boards are free.

I am enclosing a check made to: **OREGON STATE HANMADANG**

\_\_\_\_\_ Enrollment Fee  
\_\_\_\_\_ T-Shirt  
\_\_\_\_\_ Autographed Program Guide  
\_\_\_\_\_ TOTAL ENCLOSED

**Send this application and check to:**

Timothy Greathouse  
Oregon State Hanmadang  
439 W 2nd Ave  
Eugene, OR 97401



*The Oregon State Hanmadang  
is a NON-PROFIT 501 (c)(3)!*

